

## Contact Information

### Executive Director:

Marjorie Bencz, CM

### Director of Operations:

Mark Doram

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### Connect With Us:

 @yegfoodbank

 Edmonton's Food Bank

 edmontonsfoodbank.com

*"I am so lucky to have this food as I am housebound. This really helps my daughter have access to so many healthy choices for food. This has changed our lives."*

– A Thankful Mother

## Message from the Executive Director

At someone's lowest point, a simple act of generosity may make all the difference. During the busyness of the festive season, it's easy to be overwhelmed, but the opportunity to help someone in need is not difficult. At Edmonton's Food Bank, we're making sure that your donation goes a long way to those in need. Your support will mean that a single mother will be able to provide her kids Christmas dinner. Your support will mean that a local soup kitchen will be able to provide a hot meal to those living on the streets. Your support will mean that a couple living off their pension cheques won't have to choose between paying for their heating bill and paying for groceries.

We're hard at work making sure that hungry people in our community can have a respite from their troubles during the festive season. During the Festive Season, we include special Christmas items in the hampers we send out. We purchase turkeys and hams, extra vegetables, stuffing, and cranberry sauce so that everyone can enjoy the season.

Because of you, we can make the festive season a hopeful one. Because of you, we can then have stories like this:

Two years ago, Krysten called in to order a hamper and we asked if her family would prefer to receive a turkey or ham in their Christmas hamper. The offer took her off guard. She was only hoping for a few boxes of non-perishables, some eggs, bread, and a bit of produce. "That's so kind. Thank you! My kids would love a turkey! Thank you for all the hard work you put in each day helping people like my family. The holidays are a hard time for many like us, and you help to make it better. Thank you!"

Over the next few weeks there will be many opportunities for you to help a family like Krysten's. This newsletter includes information on events supporting the Food Bank like Candy Cane Lane and the Citadel's production of "A Christmas Carol".

We wish you and your family the very best this holiday season, and I thank you again for your support of Edmonton's Food Bank.

Gratefully,



Marjorie Bencz, CM  
Executive Director



Watch for the Festive Brown Bag in your mailbox. We encourage you to fill the bag and support Edmonton's Food Bank.



## WORK IN THE COMMUNITY

The Eastwood neighbourhood is deep within Edmonton's inner city, and it's also home to amazing moments of generosity. "Won't You be My Eastwood Neighbour" is an initiative put on by Arts on the Avenue and the Eastwood Community League, with support from the Edmonton Police Service, that works to build connections and foster community in Eastwood. Volunteers go from house to house to speak to residents, invite them to local gatherings, and if needed, offer them food from Edmonton's Food Bank. "EPS needed extra support in the community, and this initiative helped create new opportunities for residents," said Christy Morin, the Executive Director of Arts on the Avenue, "and with the support of Edmonton's Food Bank there is a whole new dimension to these events."



Thank you for helping build our community.





# SUPPORT EDMONTON'S FOOD BANK THIS *Holiday Season*

## Mayfield Dinner Theatre Toonies for Turkeys

November 5 to December 26  
mayfieldtheatre.ca | Monetary donations accepted

## ETS Stuff a Bus at all Edmonton Save On Foods

November 27 to 30 | 'Blitz Day' November 30 (8:30am to 4:30pm)  
Monetary & non-perishable food donations accepted

## Citadel Theatre: A Christmas Carol

November 30 to December 23  
citadeltheatre.com | Monetary & non-perishable food donations accepted

## Loblaws National Food Drive at all Edmonton Superstores & No Frills

November 30 to December 24  
Non-perishable food donations accepted

## ETS Stuff a LRT

December 1  
Southgate LRT Station (9am to 4pm)  
Monetary & non-perishable food donations accepted

## AMA Fill Our Fleet

November 30 to December 9  
ama.ab.ca/fillourfleet | Non-perishable food donations accepted

## Christmas BOW & Silent Auction

December 1 (4pm to 10:30pm)  
Newcastle Pub & Grill (#145, 8170 50 St NW)  
newcastle-pub.com | \$10 donation or equivalent non-perishable food donation

## CBC Turkey Drive

December 12 to 19  
cbc.ca/edmonton | Monetary & frozen turkey donations accepted

## Edmonton Symphony Orchestra Christmas Concerts

December 12, 17, 18, 19, 20, 21, & 22  
winspearcentre.com | Monetary donations accepted

## YEG Candy Cane Lane

December 12 to January 1 (6pm to 10pm nightly)  
148 St between 100 Ave to 92 Ave  
Non-perishable food donations accepted

## Rosenau's 18 Wheels of Christmas with K-97, 96.3 The Breeze & 840 CFCW

December 12 to 14  
Hawkstone Co-op, Chappelle Co-op & Mill Woods Co-op  
Monetary & non-perishable food donations accepted

## Turkeys on the Trail

December 14 (8am Start)  
Beverly Community Hall (4209 111 Ave NW)  
turkeysonthetrailveg.com | Monetary & frozen turkey donations accepted

## McDougall New Years Eve

December 31 (7pm to 10pm)  
10086 MacDonald Drive  
mcdougallunited.com | Monetary & non-perishable food donations accepted

## GIVING TO EDMONTON'S FOOD BANK IS EASY

For a direct impact, monetary donations can be made online at [edmontonsfoodbank.com](https://edmontonsfoodbank.com).

Donations of non-perishable food can be left at any City of Edmonton Fire Station, major grocery store or dropped off at our warehouse located at **11508-120 Street, Monday to Saturday, 8:30am–4:30pm.**

If organizing a food drive, please consider delivering the donations directly to our warehouse. If a pick-up is required, plan for a five-business-day window as it is our busiest time of year. **Thank you.**



ENCOURAGE OTHERS  
TO SUPPORT OUR  
WORK BY TEXTING

**FEEDYEG  
TO 20222**

 MOBILE GIVING  
FOUNDATION CANADA

EDMONTON'S FOOD BANK CAN NOW ACCEPT  
\$10 & \$20 DONATIONS VIA TEXT MESSAGING.

100% OF THESE DONATIONS GO TOWARDS  
HELPING COMMUNITY MEMBERS IN NEED.