

Free Community Meals

Updated April 2026

Downtown

Anglican Parish of Christ Church (12116 102 Ave)

Dinner: Third Saturday of the month at 5:00 pm

Edmonton Father's House Community Drop-In (10521 97 St.)

All Year Service

Breakfast: Sunday 8:30 am – 9:45 am (Closed on the 1st Sunday of each month)

Tuesday Meal: 8:30 pm – 10:00 pm (Outside)

October - May Community Drop-in

Dinner: Tuesday and Thursday from 3:30 pm to 5:00 pm

Wednesday from 3:30 pm to 4:30 pm

Hope Mission (9908 106 Ave)

Breakfast: Monday to Friday from 7:30 am to 8:30 am

Weekends and Holidays from 10:45 am to 11:30 am

Lunch: Monday to Friday from 11:30 am to 12:30 pm

Supper: Monday to Friday from 4:00 pm to 5:00 pm

Weekends and Holidays from 4:00 pm to 5:00 pm

Inner City Pastoral Ministry (10527 96 St)

After-service use bagged lunch: Sunday from 9:15 am while supplies last.

Service at the Bissell Centre West

Marian Centre (10528 98 St)

Snacks for Breakfast: Monday, Tuesday, Thursday, and Saturday from 9:30 am to 11:00 am

Robertson Wesley Church (10209 123 St)

Bagged lunch: Monday, Tuesday, and Thursday from 12:00 pm to 1:00 pm
(closed on statutory holidays).

Community Dinner: Every second Saturday at 5:00 pm while supplies last.

The Rock Outreach (11006 96 S.)

Breakfast: Tuesday, Wednesday & Thursday from 7:00 am to 9:00 am

North Central Edmonton

Edmonton Urban Native Ministry (8715 118 Ave)

Soup or Snacks: Tuesday, Thursday, Friday: 12:00 pm – 1:00 pm

Crystal Kids Youth Centre (8718 118 Ave NW)

55 + Community Lunch: Wednesdays at 11:30 am - 12:30 pm (Open an hour
before during July and August)

Edmonton Native Healing Centre (101, 11813 123 St)

Sandwiches: Monday from 11:00 am to 12:00 pm

Soup & Bannock: Wednesday from 12:00 pm to 1:00 pm

Fort Road Victory Church (13470 Fort Road – use the south entrance)

Bagged lunch: Monday to Friday from 10:00 am to 2:00 pm

Supper: Tuesday from 5:00 pm to 6:30 pm.

Lodgepole Communitas (St. Faith's Anglican Church - 11725 93 St)

September to May only

Breakfast: Saturday 10:00 am- 11:00 am
Lunch: Thursday 11:30 am- 12:30 pm
Dinner: Friday 5:00 pm- 6:00 pm

Inglewood Christian Reformed Church (12330 113 Ave NW)

Community Dinner: Every second and fourth Monday of the month (starts at 5:30 pm)

North East Edmonton

Candora Society Abbottsfield Recreation Centre (3006 – 119 Ave NW)

Lunch: Thursday from 11:30 am to 12:30 pm

Building Hope Compassionate Ministry Centre (3831 116 Avenue NW)

Breakfast 9:00 am to 11:30 am and lunch 12:00 pm to 2:30 pm Monday, Tuesday, and Wednesday

Dickinsfield Amity House (9213 146 Ave NW)

Community lunch is served on the second & fourth Wednesdays of the month from 11:30 am to 1:00 pm

Mustard Seed: Mosaic Centre (6504 132 Ave NW)

Family Dinner: Every Tuesday 4:00 pm to 5:30 pm

Call 825-222-4675 or email EDMCommunityFood@theseed.ca to register and inquire.

West Edmonton

Mustard Seed Community Impact Centre - Canora (15740 Stony Plain Rd)

Closed on Statutory Holidays

Brunch: 11.00 am - 1.00 pm everyday of the week (March - April)

(Please go to agency website to find most updated schedule)

Website: theseed.ca/cic-canora

St. Paul's Church (10127 145 St NW)

Dinner: Fourth Saturday of the month at 5:00 pm

Southside

Gurdwara Siri Guru Singh Sabha (4504 Mill Woods Road South NW)

Langar community meal daily downstairs. No smoking on the property. Men enter through the right and women through the left (small children can go either side). Please remove your footwear and wash your hands before going downstairs fo