



Free Community Meals

Updated April 2025

Downtown

Bissell Centre Childcare (9331 105 Ave.)

Monday - Friday closed on Statutory Holidays

Breakfast Snack: 9:00 a.m. - 10:00 a.m.

Lunch: 11:30 a.m. - 12:30 p.m.

Evening Snack: 3:30 p.m. - 4:00 p.m.

Christ Church (12116 102 Ave.)

Dinner: Third Saturday of the month at 5:00 p.m.

Edmonton Father's House Community Drop-In (10521 97 St.)

All Year Service

Breakfast: Sunday 8:30 a.m. - 9:45 a.m.

Tuesday Meal: 8:30 p.m. - 10:00 p.m. (Outside)

October - May Community Drop-in

Dinner: Tuesday and Thursday from 3:30 p.m. to 5:00 p.m.

Wednesday from 3:30 p.m. to 4:30 p.m.

Hope Mission (9908 106 Ave.)

Breakfast: Monday to Friday from 7:30 a.m. to 8:15 a.m.

Weekends and Holidays from 10:45 a.m. to 11:30 a.m.

Lunch: Monday to Friday from 11:45 p.m. to 12:30 p.m.

Supper: Monday to Friday from 4:15 p.m. to 5:00 p.m.

Weekends and Holidays from 4:15 p.m. to 5:00 p.m.

Inner City Pastoral Ministry (10527 96 St.)

After-service to-go lunch: Sunday from 10:00 a.m. while supplies last.

Service at the Bissell Centre West.

Marian Centre (10528 98 St.)

Breakfast Snacks: Monday, Tuesday, Thursday, and Saturday from 9:30 a.m. to 11:00 a.m.

Robertson Wesley Church (10209 123 St.)

Bagged lunch: Monday, Tuesday, and Thursday from 12:00 p.m. to 1:00 p.m. (closed on statutory holidays).

Community Dinner: Second Saturday of the month at 5:00 p.m. Everyone Welcome!



The Rock Outreach (11004 96 St.)

Breakfast: Tuesday, Wednesday & Thursday from 7:00 a.m. to 9:00 a.m.

North Central Edmonton

Edmonton Urban Native Ministry (8715 118 Ave.)

Soup or Snacks: Tuesday, Thursday, Friday: 12:00 p.m. - 1:00 p.m.

Crystal Kids Youth Centre (8718 118 Ave NW)

55 + Community Lunch: Wednesdays at 11:15 a.m. - 12:30 p.m. (Open an hour before during July and August.)

Edmonton Native Healing Centre (101, 11813 123 St.)

Sandwiches: Monday from 11:00 a.m. to 12:00 p.m.

Soup & Bannock: Wednesday from 12:00 p.m. to 1:00 p.m.

Fort Road Victory Church (13470 Fort Road - Use the south entrance)

Bagged lunch: Monday to Friday from 10:00 a.m. to 2:00 p.m.

Supper: Tuesday from 5:00 p.m. to 6:30 p.m.

Lodgepole Communitas (St. Faith's Anglican Church - 11725 93 St.) (September to May only)

Breakfast: Saturday from 10:00 a.m. to 11:00 a.m.

Lunch: Thursday from 11:30 a.m. - 12:30 p.m.

Supper: Friday from 5:00 p.m. to 6:00 p.m.

North East Edmonton

Candora Society Abbotsfield Recreation Centre (3006 - 119 Ave NW)

Lunch: Thursday from 11:30 a.m. to 12:30 p.m.

Building Hope Compassionate Ministry Centre (3831 116 Avenue NW)

Breakfast 9:00 a.m. to 11:30 a.m. and lunch 12:00 p.m. to 2:30 p.m. Monday, Tuesday, and Wednesday

Dickinsfield Amity House (9213 146 Ave NW)

Community lunch is served on the second & fourth Wednesdays of the month from 11:30 a.m.-1:00 p.m.

Mustard Seed: Mosaic Centre (6504 132 Ave NW)

Family Dinner: Every Tuesday 4:00 p.m. to 5:30 p.m. (for families with children under 18.)

Call 825-222-4675 or email EDMCommunityFood@theseed.ca to register and inquire.



West Edmonton

Mustard Seed Community Impact Centre - Canora (10137 150 St NW) (Closed on Statutory Holidays)

Breakfast: Wednesday - Friday from 9:00 a.m. to 12:00 p.m.

Lunch: Tuesday from 12:00 p.m. to 2:00 p.m.

St. Paul's Church (10127 145 St NW)

Dinner: Fourth Saturday of the month at 5:00 p.m.

Southside

Gurdwara Siri Guru Singh Sabha (4504 Mill Woods Road South NW)

Langar community meal daily