

#### **Contact Information**

**Executive Director:** 

Marjorie Bencz, CM

**Director of Operations:** 

Mark Doram

Warehouse:

11508 - 120 Street Edmonton, AB T5G 2Y2

**Mailing Address:** 

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Phone:

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**Connect With Us:** 

@yegfoodbank



Edmonton's Food Bank





Donate Money: sign up as a monthly donor online on our website. Monthly giving of \$20 creates flexibility and consistent program funding.

**Donate Food:** while grocery shopping, leave items in the permanent collection bins.

Donate Time: become a Food Bank volunteer ambassador and introduce charitable giving to your children, friends, or colleagues.

THANK YOU FOR YOUR SUPPORT

# Winter Gleanings 2023

"I am so thankful for Edmonton's Food Bank. Just knowing you are here is such a relief. From the bottom of my heart - thank you!"

- Larissa, Edmonton, AB

### **Message from the Executive Director**

Firstly, I want to acknowledge how fortunate Edmonton's Food Bank is to have supporters like you. Whether you are a volunteer, a donor, or both, we are more grateful than words can express.

It has been difficult maintaining food supplies in our warehouse throughout 2023. Our donors and volunteers have been generous and we appreciate this continued dedication to our work. Our challenge has been the skyrocketing requests for food from individuals, families, and community partner agencies. A staggering 37,400 people were served in August through hamper programs supported by the Food Bank. This is the same as providing food to everyone in Leduc or Spruce Grove. This statistic does not include the hundreds of thousands of meals and snacks being prepared in soup kitchens, shelters, schools, and community agencies throughout the city. Edmonton's Food Bank is providing food to over 300 partner agencies as we continue to adapt and push ahead to help each other.

Our doors remain open and our programs can continue because of you. We are providing the most needed and basic food to people. We are humbled by the continued response to our requests of food, funds, and thousands of volunteer hours. These contributions are needed and are appreciated.

Thank you again for your kindness and support. Sending you love, friendship, and laughter in 2024.

Warmest regards,

Marjorie Bencz, *CM* Executive Director

# BEYOND FOOD 2023 CLIENT SURVEY







### 92% ask for help from the Food Bank when running short of food

Our survey is meant for us to gain a deeper understanding of the needs of the people we are serving. A few highlights from our survey respondents

- 54.5% lived in a home with children
- 56.9% identify as female
- 62.5% are Canadian citizens
- 86% do not have any savings
- 77.6% indicated that their income did not last them through the month
- 16% identified as Ukrainian newcomers
- More survey respondents are employed and educated than not
- Those who were employed tended not to have benefits
  Survey respondents who work have low wages

A full copy of our survey, along with previous surveys, are located in the Publications section on our website.

edmontonsfoodbank.com/about/publications/

## A MUSICAL HOLIDAY TV SPECIAL

Presented by **Servus credit union** 









PLEASE DONATE: edmontonsfoodbank.com/donate-now/

SATURDAY, DECEMBER 23 AT 4:30 PM ON GLOBAL TV



### Sheila & Liam's Story

It is never easy to start over. For some people, it is necessary regardless of the challenges ahead.

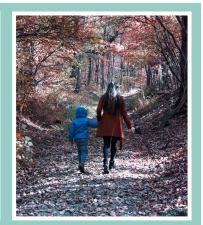
Sheila left her abusive spouse with only a bag and her most precious possession, her young son, Liam.

Sheila was struggling and walked into the Food Bank for emergency food. She was greeted by our team who

provided phone numbers and resource options to help while explaining how to access a food hamper in the future.

Volunteers prepared her food hamper with pantry staples and fresh food to celebrate Thanksgiving with her son.

Because of you, Sheila and Liam are not alone. Your donations matter. Thank you.



# ommunity Events

Ironically, year-end celebrations of peace also make the Food Bank's calendar super busy. We hope to see you at one or all our upcoming events. For a complete list of community events, please visit edmontonsfoodbank.com



#### Servus Community Fridays at Snow Valley

Fridays - 3:00 pm to 9:00 pm

Hit the slopes on Friday this season and \$5 from each lift ticket is donated to the Food Bank! Starts December 1! W: snowvalley.ca

Citadel Theatre's A Christmas Carol November 25 to December 23

Donations are accepted at every performance.

W: citadeltheatre.com

#### ETS Stuff A Bus

November 25 - All Save On Foods Locations Drop off a donation at the store to make 2024 merrier for those in need.

#### YEG Candy Cane Lane

December 8 to January 1 - 6:00 pm to 10:00 pm nightly Leave your non-perishable food donation in one of the green bins along the lane. Watch out for pedestrian only

W: yegcandycanelane.com

**CBC Make the Season Kind** 

December 12 to 19

Help CBC raise \$500,000 for us!

W: cbc.ca/news/canada/edmonton

## Mayfield Dinner Theatre Toonies for Turkeys

November 14 to January 28, 2024 Donations accepted at each show.

W: mayfieldtheatre.ca

# Magical Christmas Music Gala Virtual Silent Auction

November 23 - December 1

Make Christmas shopping easy and participate in our online auction! Items include: A signed and framed Wayne Gretzky jersey; autographed Edmonton Oilers hockey stick; VIP Backstage Pass to the 2024 Edmonton Folk Music Festival and SO MUCH MORE!!!

W: edmontonsfoodbank.com

If you are in need of a pick-up or delivery of resources, please contact our Resource Development Team at 780.425.2133. Please be patient and allow a 5-business day window for our trucks to dispatch.