



## Free Community Meals

Updated April 2023

### Downtown

#### **Bissell Centre (10527-96 St.)**

Breakfast and lunch: Monday to Saturday (closed on Statutory Holidays)

Lunch 12:30 – 2:00 pm      Dinner 5:30 – 7:00 pm

#### **Boyle Street (10116-105 Ave.)**

Lunch and snacks: Monday to Friday from 11:30 a.m. to 12:00 p.m. (May 1 to October 31, Open seven days a week November 1 to April 30.) Closed on Statutory Holidays.

#### **Christ Church (12116-102 Ave.)**

Dinner: Third Saturday of the month at 4:45 p.m.

#### **Edmonton Father's House Community Drop In (10521-97 Street)**

Dinner: Tuesday and Friday from 3:30 p.m. to 5:00 p.m.

Wednesday from 3:30 p.m. to 4:30 p.m.

#### **Hope Mission (9908-106 Ave.)**

Breakfast: Monday to Friday from 7:30 a.m. to 8:30 a.m.

Weekends and Holidays from 10:45 a.m. to 11:45 a.m.

Lunch: Monday to Friday from 11:45 p.m. to 12:45 p.m.

Supper: Monday to Friday from 5:00 p.m. to 6:00 p.m.

Weekends and Holidays from 4:15 p.m. to 5:15 p.m.

#### **Inner City Pastoral Ministry (10527-96 St.)**

After service to go lunch: Sunday from 10:00 a.m. while supplies last. Service at the Bissell Centre West.

#### **Marian Centre (10528-98 St.)**

Breakfast: Monday, Tuesday, Thursday, and Saturday from 9:30 a.m. to 11:00 a.m.

#### **Robertson Wesley Church (10209 123 St.)**

Bagged lunch: Monday, Tuesday, and Thursday from 12:00 p.m. to 1:00 p.m. (closed statutory holidays.)

#### **The Rock Outreach (11004 96 St.)**

Breakfast: Tuesday, Wednesday & Thursday from 7:00 a.m. to 9:00 a.m.

#### **Thrive Outreach (10542 - 96 street.)**

Lunch: Every day from 1:00 p.m. to 4:00 p.m.



## **North Central Edmonton**

### **Crystal Kids and Edmonton Urban Native Ministry (8715-118 Ave.)**

55 + Community Lunch: Wednesdays at 10:30 (11:30 during July and August.)

### **Edmonton Native Healing Centre (101, 11813-123 St.)**

Sandwiches: Monday from 11:00 a.m. to 12:00 p.m.

Soup & Bannock: Wednesday from 12:00 p.m. to 1:00 p.m.

### **Fort Road Victory Church (13470 Fort Road – Use south entrance)**

Bagged lunch: Monday to Sunday from 10:00 a.m. to 2:00 p.m.

Supper: Tuesday from 5:00 p.m. to 6:30 p.m.

### **St. Faith's Anglican Church (11725 93 St.) (September to May only)**

Breakfast: Saturday from 9:00 a.m. to 10:00 a.m.

Lunch: Thursday from 11:30 a.m. - 12:30 p.m.

Supper: Friday from 5:00 p.m. to 6:00 p.m.

## **North East Edmonton**

### **Candora Society Abbottsfield Recreation Centre (3006 – 119 Avenue NW)**

Lunch: Thursday from 11:30 a.m. to 12:30 p.m.

### **Building Hope Compassionate Ministry Centre (3831 116 Avenue NW)**

Breakfast 8:30 a.m. to 11:30 a.m. and lunch 12:00 p.m. to 2:30 p.m. Monday, Tuesday and Wednesday

### **Dickinsfield Amity House (9213 146 Avenue NW)**

Bagged Lunch on the second and fourth Wednesday of the month from 11:30 a.m. to 12:30 p.m.

### **Dickinsfield Amity House (14224 74 Street NW)**

Bagged Lunch on the second Friday of the month from 11:30 a.m. to 12:30 p.m.

### **Mustard Seed Mosaic Centre (6504 132 Avenue NW)**

Family Dinner: Every Thursday 4:00 p.m. to 6:00 p.m.



## **West Edmonton**

### **West End Outreach Centre (10105 153 Street NW)**

Bagged Lunch: Monday and Wednesday 12:00 p.m. to 1:00 p.m.

### **Mustard Seed Christian Care Centre (10137 150 Street NW)**

Dinner: Every Thursday 4:00 p.m. to 6:00 p.m.

## **Southside**

### **Gurdwara Siri Guru Singh Sabha (4504 Mill Woods Road South NW)**

Langar community meal daily

### **Sikhs for Humanity (4954 Roper Road NW)**

Free groceries to people in need. All Welcome.

Sunday 10:30 a.m. to 1:00 p.m.

### **Trinity Lutheran Church (10014 81 Avenue NW)**

Community dinner every third Tuesday of the month.

### **Y.E.S.S – Youth Empowerment and Support Services (10310 85 Avenue NW)**

Ages 15-24 Only

Breakfast and lunch Mondays to Fridays between 10:00 a.m. and 4:00 p.m.