



# Winter Gleanings 2022

## Contact Information

**Executive Director:**  
Marjorie Bencz, CM

**Director of Operations:**  
Mark Doram

**Warehouse:**  
11508 - 120 Street  
Edmonton, AB T5G 2Y2

**Mailing Address:**  
PO Box 62061  
Edmonton, AB T5M 4B5

**Phone:**  
780.425.2133

**Connect With Us:**  
 @yegfoodbank

 Edmonton's Food Bank

 edmontonsfoodbank.com

"I have always believed that food banks are a miracle of the human spirit. Food banks get communities to help communities."

- Dr. Sylvain Charlebois, Dalhousie University

## Message from the Executive Director

Dear Friends,

Hunger never takes a holiday. 2022 has certainly been a struggle for many of our friends and neighbours who are finding it harder to afford basic necessities. In fact, some people who have not needed us before are now turning to us for help.

Edmonton's Food Bank is also dealing with challenges. Food has become more expensive for us to purchase and we need larger volumes of food. When we compare our hamper statistics, we are filling double the number of requests that we were filling in 2021! In addition, the cost of picking up donations and delivering food to our 65 partner depots has become more expensive. Despite these challenges and because of you, we continue to help people.

Every donation you make of food, money, or time is greatly appreciated!

We are driven by our mission to find solutions to the causes of hunger, and we don't do that alone. Our many partners, including schools, shelters, depots, and agencies, help us to better serve our community. Our website (edmontonsfoodbank.com) is the best route to learn more about our work or check out our socials @yegfoodbank on Facebook, Twitter, and Instagram.

As we enter the festive season, we are warmed by the sense of community and friendship. On behalf of Edmonton's Food Bank, thank you. We wish you health and peace now and in 2023.

Sincerely,

Marjorie Bencz, CM  
Executive Director



Watch for our  
**RBC Foundation Festive  
Brown Bag in your mailbox**  
for 12 ways of giving this  
holiday season!



"The most rewarding part of my job is having the opportunity to help and support people in need, while being a part of this team."

## Story of Hope: Iullia

Iullia and her family came over from Odessa, Ukraine earlier this year to avoid conflicts arising in her home country. There she owned her own business for 19 years. Now in Canada, she was left to figure out how she would support her and her family while navigating her new life. Iullia was looking for a place for immigrants to study when she came across our Beyond Food program. She was able to prepare herself to find employment in Canada, while also accessing Edmonton's Food Bank hamper services. As she continued visiting Beyond Food she also started volunteering with Edmonton's Food Bank and eventually was hired in our warehouse as a hamper-line worker! We are lucky to have someone as hardworking and a positive mindset on our team.

