## S.N.A.C.K. PROGRAM Supporting Nutrition for all Classes & Kids

"Our staff was helping children pick out back to school items. A young boy who was getting ready for grade 3 expressed his worry about not having lunch for his first day. All summer he had been receiving After the Bell bags providing him with fresh fruit, vegetables, milk, and snacks. Thankfully we had some extra bags we could give him to help make a nutritious and filling school lunch. With the help of Edmonton's Food Bank, the young boy could be excited instead of worried!" -Crystal Kids agency worker

## FAST FACTS:

Almost 40% of all food hamper recipients are children under 18.

Edmonton's

7/\_72

88 schools are accessing food from Edmonton's Food Bank.

Schools with proper cooking facilities take eggs, frozen meats, and other items for their meal programs or cooking classes.

> We work with Food Banks Canada's After the Bell program providing over 7,200 healthy packs filled with fresh and packaged snacks for the children to take home over the summer.

We are committed to providing a variety of healthy foods for children. Our purchases are guided by the Alberta Nutrition Guidelines for Children and Youth. We purchase low sodium, no sugar added, items such as shelf-stable milk, peanut butter, and fruit snacks.