



Bread Runs

Updated May 2022

All bread runs operate on a first come, first served basis.

Dickensfield Amity House (9213 146 Ave.)

Provides free bread (limited to one bag per person) and fresh greens (only on Mondays).
Monday, Tuesday, and Friday from 8:30 a.m. to 4:30 p.m.

Freedom Centre Bread Run (4925 134 Ave.)

Provides day-old bread, pastries, fresh vegetables and sometimes other food items.
Wednesdays from 9:30 a.m. to 11 a.m.

Garneau-Strathcona Food Security (7909 82 Ave. – Spirit of Hope United Church)

Provides prepacked bags containing a variety of foods including fruits, vegetables, dairy products, bread and canned foods available for pickup outside of the building.
Saturdays from 8:00 a.m. - 9:30 a.m. (Please arrive between 7:45 a.m. and 8:45 a.m.)

Mill Woods United Church Bread Run (15 Grand Meadow Crescent)

Provides day old bread and a variety of fruits and vegetables.
Saturday's 9:00 a.m. – 10 a.m.