

#### **Contact Information**

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Edmonton's Food Bank



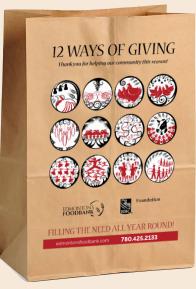
edmontonsfoodbank.com



Watch for an

**RBC Foundation Festive** Brown Bag in your mailbox

for 12 ways of giving this holiday season!



# Winter Gleanings 2021

"Thank you. I am so grateful for the help and for the hamper delivery. I don't know what I would do without you."

- Edmonton's Food Bank Client

### Message from the Executive Director

Dear Friends,

We hope that our newsletter finds you well.

Despite the colder days, we are warmed by the commitment of our devoted volunteers, dedicated partner agencies, and generous donors feeding our neighbours in need. Thank you for your continued support of our work.

As I write this, I remember how slow 2020 felt as we moved through the pandemic – everything passing by as if in slow motion. Now, looking back at 2021, we never had the opportunity to catch our breath. Each day was moving at a faster pace than the last. It is impossible to relay what has been going on behind the scenes at Edmonton's Food Bank because of the constant adjustments, including scaling up and changes to our operations. One month we helped 21,000 people and the following month 28,000 people needed us through the hamper programs. Regardless of what was thrown our way, we have remained open and serving people because of you.

We acknowledged our 40th anniversary this year – a somber reminder that hunger and poverty continue to be a problem. This is why, in addition to feeding people, Edmonton's Food Bank remains committed to helping people become more food secure through our Beyond Food collaborative program. Rather than duplicating services, we mobilized with partner organizations, community agencies, and volunteers to provide opportunities for people to meet their needs on site at the Food Bank. The Beyond Food collaborative offers literacy and education, employment preparation, tax services, practical resources and personal supports like mental health help. Feeding people is important, but it is also important to change why they are food insecure and living in poverty.

Thank you for supporting our food programs and much, much more. To learn more about our work, please call us or visit edmontonsfoodbank.com. Because of you, Edmonton's Food Bank is able to help our neighbours in need.

On behalf of Edmonton's Food Bank, thank you for your continued support.

We wish you peace and health now and into the new year.

Marjorie Bencz, CM **Executive Director** 

Natalie is a single mother who came to Edmonton's Food Bank looking for help to secure employment. Without a vehicle and struggling to make ends meet, Natalie scheduled an appointment with our Beyond Food Program. This program specializes in job preparation like resume writing, interview training, and so much more. The Beyond Food staff coached Natalie to help her update her resume. She also received training and obtained work tickets to add to her resume. Natalie felt confident in her search for a well-paying job to support her and her children.

"I don't know where I would be without them.
I am not that great with computers and they were really a great help to me with that," explained Natalie on her experience at Beyond Food. "I recommend everyone who is struggling with job security to come and see what Beyond Food can offer. It will make a big difference in your life to get better employment. Thank you to the Beyond Food Program!" With her hard work and discipline, Natalie was able to secure full time employment!



## **BECAUSE OF YOU...**

Katelyn is a mother of five. Unfortunately, her husband was laid off due to COVID as the company needed to restructure to stay afloat. The family calls the Food Bank sporadically to stretch their funds and is grateful that the Food Bank is there when they need it.

Katelyn called just before Thanksgiving to book a food hamper and to her surprise, a turkey and festive trimmings were offered for Thanksgiving. Katelyn was in tears, and she explained that they were tears of joy! She thought at this point in their financial situation they would not have a Thanksgiving.

Katelyn and her family are grateful for all Edmonton's Food Bank does and for the kindness that is shared in every hamper because of food bank donors like you.

### **EDMONTON'S FOOD BANK**

50/50

Try your luck in our 50/50 raffle!

Tickets available for purchase online at edmontonsfoodbank.com starting November 24. Draw will take place on December 24 at 10:00 am.

Thank you and good luck!

Tune in to CTV for

## **A Musical Holiday**

in Support of Edmonton's Food Bank

December 18, 2021 5:00 - 6:00 pm CTV Edmonton









## **Upcoming Events**

For more information and an updated list of events, please visit edmontonsfoodbank.com/events

#### Servus Food Bank Fridays at Snow Valley

Fridays - 3 pm to 9 pm

Hit the slopes on Fridays this ski season and \$2 from each lift tickets is donated to us.

#### Rosenau 18 Wheel Wednesdays

Wednesdays - 5 pm to 10 pm November 19 to January 8, 2022 RAD Torque Raceway is collecting food donations during the Magic of Lights Event. Visit magicoflights.com for tickets.

#### **Citadel Theatre's A Christmas Carol**

November 27 to December 23 Donations are accepted at every performance. Visit citadeltheatre.com for tickets.

#### **IKEA "Green" Friday Drive Thru Event**

November 27 - 10 am to 4 pm Swing by with a non-perishable food donation for our volunteers and receive \$25 off your next purchase of \$150 or more at IKEA!

#### Stuff a Bus

November 27 - All Save on Food Locations
Drop off your non-perishable food with ETS
volunteers or donate in store to help make 2022
merrier for those in need.

#### **Loblaws Winter Food Drive**

December 2 to 24

All shoppers at Edmonton Superstore, No Frills, City Market and Real Canadian Wholesale Club can make a monetary or food donation.

#### **Sobeys and Safeway Food Drive**

December 2 to 24

All Edmonton Sobeys and Safeways are accepting monetary or food donations.

#### **CBC Make the Season Kind**

December 9 to 16

Help CBC raise \$500,000 for Edmonton's Food Bank!

#### **YEG Candy Cane Lane**

December 11 to January 1 - 6 pm to 10 pm 148 Street between 100 Avenue to 92 Avenue The green bins are back to help collect nonperishable donations for those in need!

# **Giving to Edmonton's Food Bank is Easy**

Monetary donations can be made securely online at edmontonsfoodbank.com/donate.

Individual donations of non-perishable food can be left at any major grocery store, or dropped off at our warehouse located at 11508 120 Street, Monday to Saturday, 8:30 am to 4:30 pm

If you require a pick-up, please call the Resource Development Team at 780.425.2133. Plan for a five-business-day window as our trucks and volunteers are very busy at this time of year.

### Thank you for your support!