



DISCOUNT GROCERIES

February, 2021

H&W Produce "Spend Less for Fresh"

Edmonton family-owned operation sources much of its produce locally and sells for quite a bit less than Safeway, IGA, Save-On Foods, Superstore or Wal-Mart. They charge for bags so bring your own.

Eleven items go on special weekly - www.handwproduce.com

Five locations:

Capilano

Address: 6120 Terrace Road

Phone: 780.485.2018

Hours: Monday to Friday - 9:00 am - 7:00 pm Sundays - 10:00 am - 6:00 pm

North East (Clareview)

Address: 14083 Victoria Trail

Phone: 780.478.8780

Hours: Monday to Friday - 9:00 am - 7:00 pm Sundays - 10:00 am - 6:00 pm

Stocks many unusual varieties of familiar produce.

North Central (Kensington)

Address: 12510 132 Avenue

Phone: 780.451.3700

Hours: Monday to Friday - 9:00 am - 7:00 pm Sundays - 10:00 am - 6:00 pm

Carries many varieties of produce popular with Lebanese/Muslim customers.

West End (Terra Losa)

Address: 17220 95 Avenue

Phone: 780.486.7700

Hours: Monday to Friday - 9:00 am - 7:00 pm Sundays - 10:00 am - 6:00 pm

South (Mill Woods)

Address: 31, 9261 34 Avenue

Phone: 780.436.7970

Hours: Monday to Friday - 9:00 am - 7:00 pm Sundays - 10:00 am - 6:00 pm

Carries specialty produce items for East Indian and Asian diets.

edmontonsfoodbank.com

Our Mission

To be stewards in the collection of surplus and donated food for the effective distribution, free of charge, to people in need in our community while seeking solutions to the causes of hunger.



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Edmonton Potato Growers

Address: 12220 170 Street

Phone: 780.447.1860

Hours: Monday to Friday - 7:00 am - 3:30 pm (Closed for lunch 11:30 am to 12 noon)

Offers 50 lb bag of potatoes for \$10. Pay with cash, debit, or credit card.

Fatimas Fruit & Vegetables

Address: 11809 66 Street

Phone: 780.761.0415

Hours: Monday to Saturday - 10:00 am - 7:00 pm

Large selection of fruits and vegetables at reduced prices.

McGavins Bread Basket

Address: 15021 137 Avenue

Phone: 780.452.5751

Address: 9123 39 Avenue

Phone: 780.462.2180

Address: 12751 50 Street

Phone: 780.457.1724

Reduced prices on bread, cookies, and donuts.

Food4Good (Jasper Place Wellness Centre)

The goal of the Good Food 2 Go program is to increase access to healthy, fresh food for community members living with a low or small income. They supply all the ingredients and a step by step video guide for different recipes each month. You can place your order by phone or online and they accept payment in cash, debit, credit, and e-transfers.

Address: 15308 Stony Plain Road

Phone: 780.906.4971

WECAN Food Basket

The WECAN Food Basket operates by buying in bulk from wholesalers and local producers, and passing the savings on to its members. A \$5 annual membership fee allows you to access produce orders of three types of fruit and three types of vegetables for \$10 and/or meat orders of two to three cuts of freshly frozen meat (depending on the cut) for \$15. You can purchase multiple orders at a time, but only once a month. Payment is the first Friday of the month and pickup is the third Thursday or Friday of each month at various depots throughout the city.

Address: 12122 68 Street

Phone: 780.413.4525

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