**Bread Runs**

These Bread Runs provide free day-old bread and sometimes other food on a drop in basis. Please refer to the specific services offered below.

**Garneau-Strathcona Food Security in Spirit of Hope United Church**

***7909-82 Avenue***

Provide prepacked bags containing a variety of foods including fruits, vegetables, dairy products, bread and canned foods available for pickup outside of the building from 8:00 to 9:30 a.m. every Saturday.

**Mill Woods United Church Bread Run**

***15 Grand Meadow Crescent***

Provides day old bread and other food items. Saturday’s 9-10am. Covid restrictions in place.

**Freedom Centre Bread Run**

***4925-134 Avenue***

Provides day-old bread, pastries, fresh vegetables and sometimes other food items when available on Wednesdays between 10 a.m. to 11 a.m.