



Plant a Row, Grow a Row

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Community gardens across Edmonton have an opportunity to make an impact this summer by participating in Plant A Row, Grow A Row.

Gardeners can allocate one or more rows of vegetables to donate to Edmonton's Food Bank. The Food Bank appreciates receiving fresh root vegetables, such as potatoes, cabbage, carrots as well as peas, beans, tomatoes, radishes, parsnips, sweet peppers, summer squash, apples and pears.

The Terwilliger Community Garden Network, which is in its first year, is an example of one garden planning to set aside plots for Edmonton's Food Bank.

Chair Steve Johnson said the garden has a total of 60 plots and estimates between 10 and 20 plots will be used to grow produce for the Food Bank this summer.

"When you have the time and bounty, you share," said Johnson.

Whether it is one row or a plot, any donation is appreciated by Edmonton's Food Bank.

The Plant A Row, Grow A Row project was initially started in Winnipeg in 1986 and arrived in Edmonton in 1998. The program is supported nationally by Food Banks Canada.

The City of Edmonton, Edmonton's Food Bank and the Yellowhead Youth Centre is partnering again this year to plant a garden at the Muttart Conservatory. The Yellowhead Youth Centre volunteers plant, maintain and harvest the garden and donate all produce to the Food Bank to support Edmontonians in need. ♻️

June 2, 2009 is National Hunger Awareness Day.

Gardeners can mark this occasion by participating in the program. Due to the fragile nature of fruits and vegetables, donors are asked to drop off the produce directly to Edmonton's Food Bank at 11508 - 120 Street, Monday to Friday between 8:30 a.m. and 4:30 p.m. **Please let the Food Bank know that your donation is designated for the Plant A Row, Grow A Row project** so it can be weighed and added to our total. For more information, please contact Edmonton's Food Bank at 780.425.2133 or www.edmontonsfoodbank.com